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Chinese as a Second Language

Subject: Chinese as a Second Language

Duration of S1 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|----------|
| Reading & Writing | 100% | 1 hr | Unit 1 |

Duration of S2 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|---------------------|
| Reading & Writing | 100% | 1 hr | Unit 5 Chapters 2-4 |

Duration of S3 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|------------------------------------------------------------------------------------------------------------------------|
| Reading & Writing | 100% | 1 hr 45 mins | IGCSE Vocabulary (only A2, C4, D3, E2, E3, E4 & E5), Unit 9 Chapter 2 & Unit 10 (only vocabulary in Unit 10 Chapter 2) |

Duration of S4 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|---------------------|
| Reading & Writing | 100% | 1 hr | Unit 5 Chapters 2-4 |

Duration of S5 Unified Test Papers. UT Paper % & Coverage:

| Subjects and | % | Duration | Coverage | |
|-------------------|------|--------------|------------------------------------------------------------------------------------------------------------------------|--|
| Papers | 70 | 1st Term | Coverage | |
| Reading & Writing | 100% | 1 hr 45 mins | IGCSE Vocabulary (only A2, C4, D3, E2, E3, E4 & E5), Unit 9 Chapter 2 & Unit 10 (only vocabulary in Unit 10 Chapter 2) | |

Subject: Advanced Chinese as a Second Language

Duration of S1 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|---------------------|
| Reading & Writing | 100% | 1 hr | Unit 1 Chapters 1-2 |

Duration of S2 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|---------------------|
| Reading & Writing | 100% | 1 hr | Unit 3 Chapters 1-2 |

Duration of S3 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|---------------------|
| Reading & Writing | 100% | 1 hr 45 mins | Unit 5 Chapters 1-2 |

Duration of S4 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|-----|----------------------|------------------------------------------------------------------------------------------------------------------|
| Reading | 45% | 50 mins | "Chinese Culture – Traditions (Festivals)" (only Spring Festival, Dragon Boat Festival & Mid-Autumn Festival) |
| Writing | 55% | 1 hr | "Father's Flowers Have Fallen" |

Duration of S5 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|-----|----------------------|----------------------------------------------------------------------------------------|
| Reading Paper | 45% | 1 hr 10 mins | "The Evolving Chinese Community – Communications and Technology" |
| Writing Paper | 55% | 1 hr 15 mins | "The Way We Are" & "The Evolving Chinese Community – Communications and Technology" |

Subject: Biology

Duration of S4 Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|----------------------|
| Biology | 1 hr 15 mins | S4: unit 1 to unit 4 |

Duration of S5 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|----------------|
| Biology | 1 hr 15 mins | S5: unit 14-17 |

| Subjects and Papers | Duration | Coverage |
|---------------------|---------------|-------------------------------------------|
| | S6 (1st Term) | S6 (1st Term) |
| Biology | 1 hr 15 mins | S6: unit 25-30(except 28), E1 unit 1-3 |

Subject: Chinese Language

Duration of S1 Unified Test Papers, UT Paper % & Coverage:

| Subjects and | % | Duration - | Coverage |
|--------------|----------|------------|-------------------------------------|
| Papers | % Dura | | 1 st Term |
| 閱讀及寫作 | 100% | 1 hr | 《一件小事》、啟事及語文運用(標點符號、名詞、動詞、《一件小事》注釋) |

Duration of S2 Unified Test Papers, UT Paper % & Coverage:

| | indicit of oz climica foot faporo, of fapor 70 a corolagor | | | |
|--------------|------------------------------------------------------------|----------|---------------------------------|--|
| Subjects and | % | Duration | Coverage | |
| Papers | 70 | Duration | 1 st Term | |
| 閱讀及寫作 | 100% | 1 hr | 《楊修之死》、章則及語文運用(主語、謂語、賓語、修辭、着色詞) | |

Duration of S3 Unified Test Papers, UT Paper % & Coverage:

| Subjects and | % | Duration | Coverage |
|--------------|------|----------|---------------------------------------------------------|
| Papers | | | 1 st Term |
| 閱讀及寫作 | 100% | 1 hr | 《爸爸的花兒落了》、會議紀錄及語文運用(反 復、呼告、層遞、誇張、條件複句、選擇複句、文 言詞匯) |

Duration of S5 Unified Test Papers, UT Paper % & Coverage:

| Buration of oo officed foot apolo, of fapor 70 a ootorago. | | | |
|------------------------------------------------------------|-----|--------------|------------------------------|
| Subjects and | % | Duration | Coverage |
| Papers | 70 | Duration | 1 st Term |
| 閱讀 | 60% | 1 hr 30 mins | 讀本問題(《出師表》、《詞三首》)及兩篇閱讀 理解 |
| 寫作 | 40% | 1 hr | 實用文一篇(專題文章) |

Subject: English Language

Duration of S1 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|------------------------|------|----------------------|-----------------------------------------------------------------------------------------|
| Paper 1 (G.E.) | 100% | 1 hr | Reading comprehension; Unit 1 & 2 Vocabulary and Grammar items; and previous knowledge. |

Duration of S2 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|------------------------------------------|
| Paper 1 (G.E.) | 100% | 1 hr | Reading comprehension; |
| | | | Unit 1 & 2 Vocabulary and Grammar items; |
| | | | and previous knowledge. |

Duration of S3 Unified Test Papers, UT Paper % & Coverage:

| Subjects and Papers | % | Duration 1st Term | Coverage |
|---------------------|------|----------------------|-----------------------------------------------------------------------------------------|
| Paper 1 (G.E.) | 100% | 1 hr | Reading comprehension; Unit 1 & 2 Vocabulary and Grammar items; and previous knowledge. |

Duration of S4 Unified Test Papers, UT Paper % & Coverage:

| Subjects and | % | Duration | Coverage |
|-------------------|------|--------------|------------|
| Papers | 70 | 1st Term | Coverage |
| Paper 1 (Reading) | 100% | 1 hr 30 mins | DSE Format |

Duration of S5 Unified Test Papers, UT Paper % & Coverage:

| Subjects and | % | Duration | Coverage |
|-------------------|------|--------------|------------|
| Papers | /0 | 1st Term | Coverage |
| Paper 1 (Reading) | 100% | 1 hr 30 mins | DSE Format |

| Subjects and | % | Duration | Coverage |
|---------------------|------|----------|------------|
| Papers | 70 | 1st Term | 1st Term |
| Paper 3 (Listening) | 100% | 2 hrs | DSE Format |

Subject: CL & ICT

Duration of S4 Unified Test Paper and Paper Coverage:

| Subjects and Papers | Duration | Coverage |
|---------------------|----------|-----------------------------------------------------------------------------------------------------------|
| Subjects and rapers | 1st Term | Covorago |
| ICT | 1 hr | Ch1: Information processing Ch2: Data processing and data control Ch3: Number and character coding system |

Duration of S5 Unified Test Paper and Paper Coverage:

| Subjects and Papers | Duration 1 st Term | Coverage |
|---------------------|----------------------------------|-----------------------------------------|
| ICT | 1 hr | - Elective A: Database with SQL command |

| Subjects and Papers | Duration | Coverage |
|---------------------|---------------|------------------------------------------------------------|
| Subjects and Papers | S6 (1st Term) | S6 (1st Term) |
| ICT | 2 hrs | C1: Networking basic C2: Networking and its application |

Subject: Chemistry

Duration of S4 Unified Test Papers and Coverage:

| Subjects and Papers | Duration | Coviorage |
|---------------------|----------|-----------|
| | 1st Term | Coverage |
| Chemistry | 1 hr | Ch. 1 - 6 |

Duration of S5 Unified Test Papers and Coverage:

| Subjects and Banara | Duration | Covered |
|---------------------|--------------|-------------|
| Subjects and Papers | 1st Term | Coverage |
| Chemistry | 1 hr 15 mins | Ch. 10 - 20 |

| Subjects and Papers | Duration | Coverage |
|---------------------|---------------|---------------|
| Subjects and Papers | S6 (1st Term) | S6 (1st Term) |
| Chemistry | 2 hrs | Ch. 29 - 42 |

Subject: Physics

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration | Coverage |
|---------------------|----------|-------------------|
| Subjects and rapers | 1st Term | Coverage |
| Physics | 1 hr | Book1 Chapter 1-3 |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|--------------------|
| Physics | 1 hr 30 mins | Book 2 Chapter 1-3 |

| Subjects and Papers | Duration S6 (1 st Term) | Coverage S6 (1 st Term) |
|---------------------|---------------------------------------|---------------------------------------|
| Physics | 1 hr 30 mins | Book 4 Chapter 1-7 |

Subject: Economics, BAFS & BET

Duration of S3 Unified Test Papers and Coverage:

| Subjects and | Duration | Coverage |
|--------------|----------|------------|
| Papers | 1st Term | Coverage |
| BET | 30 mins | Ch.1- Ch.2 |

Duration of S4 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-------------|
| Economics | 45 mins | Ch.1 – Ch.3 |

Duration of S5 Unified Test Papers and Coverage:

| Subjects and | Duration | Coxtomogo |
|--------------|--------------|--------------|
| Papers | 1st Term | Coverage |
| Economics | 1 hr 15 mins | Ch.8 – Ch.10 |

Duration of S6 Unified Test Papers and Coverage:

| Subjects and | Duration | Coverage |
|--------------|----------|-----------------------------|
| Papers | 1st Term | |
| Economics | 2 hrs | Ch.13 – Ch.17, Ch.19, Ch.20 |

Duration of S4 Unified Test Papers and Coverage:

| Subjects and | Duration | Coviewege |
|--------------|----------|----------------|
| Papers | 1st Term | Coverage |
| BAFS | 1 hr | C1 Ch.1 – Ch.2 |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and | Duration | Coverage |
|--------------|----------------------|--------------------|
| Papers | 1 st Term | Coverage |
| BAFS | 1 hr | C1, C2.1, C2.2, C3 |

| Subjects and | Duration | Coverage |
|--------------|---------------------------|--------------------------------------|
| Papers | S6 (1 st Term) | S6 (1 st Term) |
| BAFS | 1 hr 30 mins | B1, B2, B3, B4, B5, B6 (Ch.5 – Ch.6) |

Subject: History

Duration of S1 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-----------------------------|
| Papers | 1st Term | 011.0 |
| | 35 mins | Old Stone Age and New Stone |
| | | Age |
| Uistom | | Meaning of Civilization |
| History | | Nile River Civilization |
| | | Indus Valley Civilization |
| | | Huang He Civilization |

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and | Duration | Coverage |
|--------------|--------------|-------------------------------------------------------------------------|
| Papers | 1st Term | Coverage |
| History | 1 hr 30 mins | The background & Immediate reasons for the outbreak of WWI (1900 -1914) |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and | Duration 1st Torm | Coverage |
|-----------------|----------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Papers History | 1 hr 30 mins | The different conditions in Japan during the early 20th century The reasons for the rise of militarism in Japan during |
| History | 1 hr 30 mins | Japan during the early century The reasons for the rise |

| Subjects and | Duration | Coverage |
|--------------|---------------|-------------------------------|
| Papers | S6 (1st Term) | S6 (1 st Term) |
| History | 2 hrs | European Economic Integration |
| | | Modernization of Hong Kong |

Subject: Science

Duration of S1 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-------------------------------|
| Science | 45 mins | Textbook 1A Chapter 1.1 – 2.3 |

Duration of S2 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-------------------------------|
| Science | 45 mins | Textbook 2A Chapter 7.1 – 7.7 |

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|---------------------------------|
| Science | 45 mins | Textbook 3A Chapter 12.1 – 12.4 |

Subject: Mathematics

Duration of S1 Unified Test Papers and Coverage:

| Subjects and Papers 1st Term Coverage | Subjects and Daners | Duration | Coverage |
|-------------------------------------------------------------------------------------------------------------------------------------|---------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------|
| Toythool: 1 A | Subjects and Papers | 1st Term | Coverage |
| Ch.1 Basic Computation $(1.1-1.4)$ Textbook 1A Ch.2 Directed Numbers $(2.1-2.3)$ Textbook 1A Ch.3 Algebraic Expressions $(3.1-3.3)$ | | | Textbook 1A Ch.1 Basic Computation (1.1 – 1.4) Textbook 1A Ch.2 Directed Numbers (2.1 – 2.3) Textbook 1A Ch.3 Algebraic Expressions |

| Subjects and Papers | Duration | Coverage |
|---------------------|----------|--------------------------------------|
| 3 | 1st Term | |
| | | Textbook 1A |
| | | Ch.8 Statistics (I) |
| | | (8.1 - 8.5) |
| | | Textbook 2A |
| | | Ch.7 Statistics (II) |
| Mathematics | 1 hr | (7.1 - 7.3) |
| | | Textbook 2A |
| | | Ch.2 Angles Related to Triangles and |
| | | Polygons |
| | | (2.1 - 2.3) |
| | | |

Duration of S3 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|---------------------------------|
| | | Textbook 2B |
| | | Ch.13 Areas and Volumes (II) |
| | | (13.3 – 13.5) |
| | | Textbook 2B |
| | | Ch.8 Linear Inequalities in One |
| | | Unknown |
| | | (8.1 - 8.2) |
| Mathematics | 1 hr | |
| | | Textbook 3A |
| | | Ch.3 Percentages (II) |
| | | (3.1 - 3.4) |
| | | Textbook 1B |
| | | Ch.12 Congruent Triangles |
| | | (12.1) |
| | | |

| Subjects and Papers — | Duration 1st Term | Coverage |
|-----------------------|-------------------|----------------------------------|
| | 15t 1cm | Textbook 4A |
| | | Ch.1 Quadratic Equations in One |
| | | Unknown (I) |
| | | (1.1 - 1.3) |
| | | Textbook 4A |
| 3.6.43 | | Ch.2 Quadratic Equations in One |
| Mathematics | 1 hr 15 mins | Unknown (II) |
| | | (2.1 - 2.2) |
| | | Textbook 4A |
| | | Ch.3 Equations of Straight Lines |
| | | (3.1 - 3.2) |

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|-------------------|-----------------------------------|
| | | Textbook 4B |
| | | Ch.8 Trigonometry (I) |
| | | (8.4) |
| | | Textbook 5B |
| | | Ch.14 Trigonometry (II) |
| | | (14.1 – 14.4) |
| | | Textbook 5A |
| | | Ch.10 Inequalities |
| Mathematics | 1 hr 30 mins | (10.1 - 10.3) |
| | | Survival Kit Topics |
| | | Topic 1 – Indices |
| | | Topic 2 – Formulas and Identities |
| | | Topic 3 – Factorization |
| | | Topic 4 – Simultaneous Linear |
| | | Equations in 2 Unknowns |
| | | Topic 5 – Percentages (Percentage |
| | | change) |

| Subjects and Dances | Duration | Coverage |
|---------------------|---------------------------|------------------------------------|
| Subjects and Papers | S6 (1 st Term) | S6 (1 st Term) |
| | I: 1 hr 30 mins | Textbook 3B |
| | | Ch.12 Introduction to Probability |
| | | (12.1 - 12.4) |
| | | |
| | | Textbook 5B |
| | | Ch.11 More about Probability |
| | | (11.3 – 11.5) |
| | | Textbook 5B |
| | | Ch.9 Measures of Dispersion |
| | | (9.0 - 9.6A) |
| Mathematics | | |
| | | Survival Kit Topics |
| | | Topic 1 – Laws of Integral Indices |
| Mamemancs | II: 1 hr | Topic 2 – Algebraic Fractions and |
| | | Formulas |
| | | Topic 3 – Identities and |
| | | Factorization |
| | | Topic 4 – Linear Equations in Two |
| | | Unknowns |
| | | Topic 5 – Percentages |
| | | Topic 6 – Linear Inequalities |
| | | Topic 7 – Remainder Theorem and |
| | | Factor Theorem |
| | | Topic 8 – Variations |
| | | Topic 9 – Basic Probability and |
| | | Statistics |
| | | |

Subject: Tourism and Hospitality Studies

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and | Duration | Coverage | |
|--------------|----------|-----------------------------------|--|
| Papers | 1st Term | Coverage | |
| THS | 1 hr | Introduction to Tourism P.1-54 | |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Tern | | Coverage |
|---------------------|----------------------|----|------------------------------------|
| THS | 1 hr 15 mi | ıs | Introduction to Hospitality P.1-69 |

| Subjects and | Duration | Coverage |
|--------------|---------------|-----------------------------------------------|
| Papers | S6 (1st Term) | S6 (1st Term) |
| THS | 1 hr 45 mins | Hospitality Book 1 and 2 Customer Services |

Subject: Visual Arts

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Visual Arts | 1 hr 30 mins (written) | 7 Art elements and 4 design principles Western Art History (Ancient art, Renaissance period) Art Criticism Writing related to Renaissance period |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|------------------------|----------------------------------------------------------------|
| Visual Arts | 1 hr 30 mins (written) | -Art Elements -9 Design Principles -Poster Design -Logo Design |

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|-----------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Visual Arts | 4 hrs (written and artwork) | Paper 1 – Visual Presentation of a Theme Part A: Art criticism (Surrealism, Photography, Installation Art, Sculpture, Baroque Period) Part B: Painting Paper 2 – Design Part A: Fashion, Packaging, Poster, Furniture/public space) Part B: Painting |

Subject: CES, IH & CSD

Duration of S1 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|----------------------------------------------------------------------------------------------------------------------------|
| CES | 40 mins | Module 1.1 -Self-understanding & Life Skills (1.1-1.3); Strengthening life skills to tackle growth challenges (2.1-2.2) |

Duration of S2 Unified Test Papers and Coverage:

| Subjects and | Duration | Coverage |
|--------------|----------|----------------------------------------------------------------------------------------------------------|
| Papers | 1st Term | |
| IH | 50 mins | Module 4: Human relationships (2): cyberfriendship Module 21: Rights and responsibilities of HK citizens |

Duration of S3 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|---------------|
| IH | 50 mins | M24, M26, M19 |

Duration of S4 Unified Test Papers and Coverage:

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|-------------------------------------------------|----------|--------------|--|
| Subjects and | Duration | Coverage | |
| Papers | 1st Term | Coverage | |
| CSD | 60 mins | TB P.1- P.60 | |

Duration of S5 Unified Test Papers and Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|--------------|
| CSD | 60 mins | TB P.1 -P.93 |

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-----------------------------------------------|
| CSD | 2 hrs | Theme 1, Theme 2 and Theme 3 (TB P. 1- P.160) |

Subject: Geography

Duration of S1 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration | Coverage |
|---------------------|----------|---------------------------------------------|
| oubjects and rapers | 1st Term | |
| Geography | 35 mins | Book Using Urban Space Wisely P.1 – P.57 |

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-----------------------|
| Geography | 1 hr 15 mins | C1 – Tectonic Hazards |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration 1st Term | Coverage |
|---------------------|----------------------|-------------|
| Geography | 1 hr 15 mins | C5 - Famine |

| Subjects and Banara | Duration | Coverage |
|---------------------|------------------------------------------------|-----------------------------------------------------|
| Subjects and Papers | S6 (1st Term) | S6 (1st Term) |
| Geography | I: 2 hours 15 mins II: 1 hour 15 mins | Paper I: C1 – C7 Paper II: E2 – Weather and Climate |

Subject: Physical Education (HKDSE)

Duration of S4 Unified Test Papers and Paper Coverage:

| Subjects and Banara | Duration | Coverage | |
|---------------------|----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Subjects and Papers | 1st Term | Coverage | |
| PE | 1 hr | 1. Physical Education, Sport, Recreation, Leisure and Wellness: History and Recent Development -General Terms in different sports event -DSE exam content - Roles and values of PE and sport - School PE curriculum 2. Human Body - Physiological Characteristics of Childhood Stage -Body Types -Basic structures of human body -Human Body Cell | |

Duration of S5 Unified Test Papers and Paper Coverage:

| Subjects and Papers | Duration | Coverage |
|---------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Subjects and Papers | 1st Term | Coverage |
| PE | 1 hr | Psychological Skills for P.E., Sport and Recreation Essential Concepts and Theories Stages of learning and the transfer of learning Intrinsic and extrinsic feedback Arousal and anxiety Training Principle Factors Affect Sports Performance |

| Subjects and Danars | Duration | Coverage |
|---------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| Subjects and Papers | S6 (1st Term) | S6 (1st Term) |
| PE | 1 hr 15 mins | 1. Sports Injuries, Treatment and Precautions -Factors leading to sports injuries -Common sports injuries -Heat and cold injuries -Price principles |
| | | 2. Human Body -Sports Biomechanics |